

## Webinar on “Plugging in with yourself in Uncertain Times” on 13/07/2020

Department of Oral & Maxillofacial Pathology and Microbiology organized a webinar on “Plugging in with yourself in Uncertain Times” by Mrs. Anika Kumar Vashishth, a renowned counselor, on 13/07/2020 for the Faculty & Students of Subharti Dental College. The webinar focused on the coping techniques and tips to deflect these emotional storms, during uncertain times through an interactive session. The webinar was conducted on Microsoft teams and was fruitful to more than one hundred & twenty attendees.

